



### Overview

This course will provide you with the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines. This course applies to all workers who may be required to provide CPR, in a range of situations, including community and workplace environments.

### Duration

Pre-course reading (approx. 2 hours)

1 day/3.5 hours (face to face) – 9:00am – 12:30pm including theory and practical assessment.

Or

CPR EXPRESS (participant must be able to show successful completion of HLTD009 within 12 months)

Pre-course reading (approx. 2 hours)

1 hour (face to face) including theory & practical assessment.

### Assessment

Theory Assessment Practical Assessment

### Entry Requirements

Participants **MUST**:

- Be at least 16 years of age
- Be an Australian/New Zealand Citizen or hold an eligible VISA
- Have the ability to read, write, understand and communicate with basic English.
- Have the physical ability to perform specific practical skills such as performing two (2) minutes of uninterrupted cardiopulmonary resuscitation on a resuscitation manikin placed on the floor.

### Course Fees

- \$65.00 (GST exempt)
- \$15.00 (GST exempt) with valid CITB number

Courses must be paid for on booking unless alternative arrangements have been made. Training will not be confirmed until payment has been received

### Content

- DRSABCD flow chart
- Emergency situations
- CPR

- AED
- Reporting & confidentiality
- Chain of survival
- Standard precautions
- Basic anatomy and physiology
- Legal requirements
- Safe Work practices

### Learner Requirements

- Provide your Unique Student Identifier (USI). To apply for a USI go to <https://www.usi.gov.au/your-usi/create-usi>
- Provision of Australian legal photo identification for enrolment purposes.

### PPE (Personal Protective Equipment)

Supplied by ATEC, please wear:

- Suitable modest attire; and
- Closed in shoes

### Outcome

On successful completion of all requirements of this course, learners will be issued with:

- 1) A Statement of Attainment for HLTAID009 – Provide cardiopulmonary resuscitation

### Delivery Locations

- Lonsdale
- Ottoway

*In addition to the courses scheduled at the above locations ATEC can also deliver training at your work site. Contact us for more information.*

### Pre-enrolment information

Important information for prospective students in regards to ATEC Policies is available at <https://atec.asn.au/train-with-atec/pre-enrolment-information>

### How to apply

Applications and enquiries can be made:

- Online – <https://atec.asn.au/>
- Email – [bookings@atec.asn.au](mailto:bookings@atec.asn.au)
- Call ATEC on 1300 112 832



Version July 2025