# HLTWHS005 – Conduct manual tasks safely



# Overview

This course provides the skills and knowledge required to recognise potentially hazardous manual tasks, preparing for then completing those tasks in a safe manner. Suitable for all workers involved in Manual Handling tasks in the health care sector.

## Duration

- Pre-course theory consisting of reading & theory assessment (approx. 2-3 hours)
- 1 day/ 5 hours (Face to Face)
- 9:00am to 2:30pm

# Assessment

Theory Assessment Practical Assessment

# **Entry Requirements**

Participants MUST:

- Be at least 16 years of age
- Be an Australian/New Zealand Citizen or hold an
- eligible VISA
- Have the ability to read, write, understand and
- communicate with basic English.
- Have the physical ability to perform specific practical
- skills such as repositioning a person with a slide sheet
- and manoeuvring a mechanical lifter with a person in it.

# **Course Fees**

- \$165.00 (GST included)
- \$20.00 (GST included) with a valid CITB

Courses must be paid for on booking unless alternative arrangements have been made. Training will not be confirmed until payment has been received

## Content

- Identify manual tasks involving risk
- Prepare for manual tasks
- Complete manual tasks
- Contribute to Safe Work practices

#### **Learner Requirements**

- Provide your Unique Student Identifier (USI). To apply for a USI go to https://www.usi.gov.au/yourusi/create-usi
- Provision of Australian legal photo identification for enrolment purposes.

## **PPE (Personal Protective Equipment)**

- Supplied by ATEC, please wear:
- Suitable modest attire; and
- Closed in shoes

#### Outcome

On successful completion of all requirements of this course, learners will be issued with:

1) A Certificate of Attendance

# **Delivery Locations**

- Lonsdale
- Ottoway

In addition to the courses scheduled at the above locations ATEC can also deliver training at your work site. Contact us for more information.

## **Pre-enrolment information**

Important information for prospective students in regards to ATEC Policies is available at <u>http://www.atec.asn.au/pre-enrolment-information.html</u>

## How to apply

Applications and enquiries can be made:

- Online <u>www.atec.asn.au</u>
- Email bookings@atec.asn.au
- Call ATEC on 1300 112 832



Quality

ISO 9001

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#### Ottoway

275 Grand Junction Rd Ottoway SA 5013

#### Lonsdale

5 Refinery Road Lonsdale SA 5160 www.atec.asn.au T 1300 112 832 E bookings@atec.asn.au