

# Manual Handling Awareness

## Overview

This course is designed to provide participants with the skills and knowledge required to undertake a range of manual handling tasks safely to reduce the risk of injury to yourself and others in their workplace.

Suitable for all workers involved in manual handling.

**Note:** This course can be customised to meet specific industry manual handling requirements covering Section 19 of the Work Health and Safety (WHS) Act, the primary duty of care for the PCBU.

Please contact the ATEC on 1300 112 832 to discuss this further

## Duration

- 3.5 hours (Face to Face)

## Assessment

- Written and verbal activities
- Practical Activity

## Entry Requirements

- Be able to speak and understand English
  - Basic literacy and numeracy skills
- Have the physical ability to perform specific practical skills relating to manual handling techniques

## Course Fees

### Metro delivery:

- \$140 (GST Included)
- \$80.00 (GST Included) with a valid CITB

### Regional Delivery is available (Additional Fees apply)

Please e-mail [bookings@atec.asn.au](mailto:bookings@atec.asn.au) or phone the office on 1300 112 832 to discuss costs and availability.

### Subsidised Training

This course may be subsidised by the Construction Industry Training Board (CITB) for eligible participants visit <https://citb.org.au/construction-workers-or-apprentices/short-course-funding> to apply.

**Note:** Tuition and incidental fees will still require contribution by learners if eligible for funding



## Content

Upon completion of this course participants will gain an understanding of:

- Legislative requirements
- Characteristics of hazardous manual tasks
- Identify potentially hazardous manual handling tasks which are performed in the workplace
- Assess risks associated with these identified tasks
- Correct manual handling techniques

## Learner Requirements

- Provision of Australian legal photo identification for enrolment purposes.
- Suitable modest attire
- Closed in shoes

## Outcome

On successful completion of all requirements of this course, participants will be issued with:

- Statement of Attendance

## Delivery Locations

- Lonsdale

*In addition to the courses scheduled at the above locations ATEC can also deliver training at your work site. Contact us for more information.*

## Pre-enrolment information

Important information for prospective students in regards to ATEC Policies is available at <https://atec.asn.au/train-with-atec/pre-enrolment-information>

## How to apply

Applications and enquiries can be made:

- Online – <https://atec.asn.au/>
- Email – [bookings@atec.asn.au](mailto:bookings@atec.asn.au)
- Call ATEC on 1300 112 832



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